



Systemic Consciousness

Earthed in daily life

An invitation to embodied learning

Offered in Salisbury by **Lynn and Paul Stoney**, with **Paul Heardman**, an invitation to deepen and explore systemic themes in a group which learns together in 6 modules over the course of a year.

An embodied experience to integrate what constellations and systemic awareness have to offer at the various levels:- personal and family; organisational; societal, and nature; the larger and smaller systems:- an arc which spans these and weaves them in a spiral learning.

What you'll learn:

- A deeper understanding of the systemic principles
- A feeling of 'getting a handle' on these, and integrating them
- How they apply in life, supporting the flow of love and life
- Cultivating our own relationship to 'the Field.' What does this mean in practice, and how can we interact with it?
- How this way of looking at things deeply changes how we place ourselves in our own lives and in relation to others

***"When we deepen the connection to ourselves, the other and the world,
we have more to give, in personal life and in our work."***

This is for:

- A limited group of approximately 12 people
- People from all walks of life, whose work arises from the quality of their own self-journey
- Coaches, therapists, facilitators, people in helping professions
- YOU, if you feel your name is written all over it or if you feel strongly drawn to come

To develop and deepen systemic consciousness results in us living life more skilfully which enhances all aspects of life and work.

You don't need to be a systemic practitioner but do need to have experience in constellation work and sense that this deepening training is right for you. You're welcome to have a conversation if you're unsure.

Modules & Dates

May 2027 – March 2028 in Salisbury

Each module will run from Thursday evening to Sunday lunch time apart from the final module which has an extra day.

Where:

St. Martin's Centre, St Martin's Church Street, Salisbury, SP1 2HY

The nature module will be in the area of Salisbury but will be a mix of inside and outdoor work.

Each module offers:

- A training content relevant to each specific module
- 2-3 constellations: each participant will have at least one constellation as issue- holder
- Breakout groups & sharing learning
- Small group exercises
- Reflection and discussion

The quality of presence is a key part of this work.

Pointers and practice deepening the quality of presence will be included in every module.

Module 1: Introduction to the Systemic Principles 13-16th May 2027

The key systemic principles and identifying systemic themes arising from these.

Module 2: Personal and Systemic Conscience: Feeling States 15-18th July 2027

Recognising the systemic themes arising from personal and systemic conscience; Feeling states. Systemic rituals, formal and informal. Systemic sentences and their many uses.

Module 3: The Orders of helping. Sizes of Systems 23-26th September 2027

The Orders of Helping. The sizes of systems; being the right size in different systems. Some experience of different types of constellations.

Module 4: Organisational Systems 11-14th November 2027

Including business as a power for good and as a driver for potential change. Bert Hellinger on relationship to money.

Module 5: Themes of Interest to the Group, Brief look at societal level applications 27-30th January 2028

A brief look at societal level applications. Time given to focus on themes that have arisen in the first four modules or have not yet been covered and are of interest to the group.

Module 6: Nature Constellations, Deep Time Walk; Leavings & Good Endings 22-26th March 2028

Days 1 & 2: Nature Constellations & Deep Time Walk. Days 3 & 4: Leavings & Endings: Closing the circle and completing the journey together.

Cost

£3,600 + VAT

Excludes: Travel, accommodation, lunches. Your place is secured upon payment. This is also your commitment to the group and the learning.

To secure your place and for further details, email: hello@systemic-consciousness.com

FAQ's

1. What is the difference between the 'April Intensive' and 'Systemic Consciousness'?

The most obvious difference is that the Intensive is a 5-day learning over one week, whereas the Systemic Consciousness is a 19-day learning journey spread over a year in modular form, giving time to integrate the learning between each module.

In the April Intensive we cover in briefer form only the first three modules of the Systemic Consciousness course, namely the family constellations work rooted in Bert Hellinger's legacy.

Systemic Consciousness is an expanded version, taking participants beyond the Family Constellation work and into other developments. It provides an experiential deepening of all themes covered.

2. What is the difference between the 'Open Circle' and 'Systemic Consciousness'?

Arising from Lynn's Open Circle the request came for an ongoing training offering a deeper exploration of systemic themes, growing understanding, time to integrate these and ask more and deeper questions, explore applications, and the cultivating of a systemic consciousness.

The Systemic Consciousness course has been created in response to these requests, offering a group the opportunity to travel together with the work, towards this deeper grounding.

3. Will the Open Circles and the Intensives still be offered?

Yes.

4. Is this a formal training in Family Constellations? Will I be able to practice?

This course provides an excellent basis for becoming a practitioner and for deepening your practice if you already use constellation work. In this training you will be able to begin facilitation practice only in small group work, however this course feeds into a Practice group where you will be able to practice 1:1, small group and whole group constellation work.

This course provides a thorough, comprehensive training and an Attendance Certificate with the learning hours shown. It is a journey to deepen your relationship with the systemic themes as observed and described by Bert Hellinger, the international field, and wider systemic consciousness. As the method is not externally accredited in the UK, the certification is of attendance. Many people include it in CPD.

5. Are payment plans offered?

Yes. For more information email: hello@systemic-consciousness.com

6. Is there a cancellation policy?

We recognise your booking represents your commitment to the training and that your place is secured upon payment.

If unexpected events mean you have to withdraw, we will do our best to find a solution that is fair to everyone.